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Raven Hill Discovery Center is a 501(c)(3) tax-exempt corporation.

Mission: Raven Hill provides a place that enhances hands-on and lifelong learning for all ages by connecting science, history & the arts.

GORP (a.k.a. the original trail mix)

Today, May 15th, is National Chocolate Chip Day. Chocolate Chip Day really celebrates the chocolate chip cookie. Over 25% of all cookies sold and consumed by Americans are chocolate chip cookies. However, we are going to turn it into a mini-history lesson AND a yummy science investigation of *gorp*! Chocolate chips were originally chips made of chocolate & found in England during the 1800's. In 1896, the Kaufmann Candy Company ran ads about their candy that contained a large amount of chocolate chips. Around 1910, outdoorsman, Horace Kephart, recommended a combination of nuts, raisins and chocolate as a trail snack in his popular camping guide. The American word *gorp* refers to a trail mix often used by hikers in North America. *Gorp* supposedly stands for "good old raisins and peanuts." Look around your kitchen or pantry for your *gorp* ingredients. You could include nuts, dried fruits, cereal, pretzels, crackers, potato chips, sunflower or other seeds, coconut and of course, CHOCOLATE CHIPS. Choose three ingredients, plus chocolate chips. Measure out 1 tablespoon of each ingredient, mix together and taste test. Include a mixture of all the ingredients in each bite! Share with the rest of the family and get their opinions. Once you have finished eating your first batch of *gorp*, you can experiment with a different combination of three ingredients and decide which *gorp* you like the best. My favorite combination is sweet & salty: almonds, shredded coconut, dried cherries and CHOCOLATE CHIPS! If you want, you can think up a name your *gorp*, write down the recipe and even make larger batches to give as gifts for Christmas or birthdays. Enjoy!



1 Supplies



2 Choose ingredients



3 Mix well



4 Taste test



5 Eat, share or store